

Cardiologists:

Dr. Alexandra Bojcevski • Dr. Adnan Kazi Hameed • Dr. Marian Kotrec

Dr. Jasmine Lamba • Dr. Nigel Tan • Dr. Anhar Alhussaini • Dr. Jeffrey Henderson

Referrals will be distributed to the first available cardiologist. Exceptions made based on clinical need or the request of referring MD.

Patient Information			Referring Physician	
Last Name	First Name		Name	Address
Home Phone	Alternate Phone	DOB	Office Phone	Office Fax
HCN	Gender <input type="checkbox"/> M <input type="checkbox"/> F <input type="checkbox"/> Other:		Physician Billing	CPSO Number
Email			Copy To	

CONSULTATION

☐ Urgent ☐ Routine ☐ Consult if test abnormal

Preparation: • Bring current medication list

CARDIAC ULTRASOUND

☐ Echocardiogram

• No preparation required

CARDIAC MONITORING

Preparation:

- No body lotion 24 hours prior to test
- No bathing or swimming while wearing monitor

Holter Monitor:

☐ 24 H ☐ 48 H ☐ 72 H

☐ 2 weeks

Ambulatory Blood Pressure Monitor:

☐ 24 H

• \$80 charge for this study as uninsured by OHIP

STRESS TESTING

Preparation:

- No food / drink / smoking for 2 hours prior to test
- Wear comfortable clothes and walking / running shoes
- Current medication list

Contraindications:

- Patient unable to walk
- Left Bundle Branch Block
- Acute MI / Unstable Angina
- Aortic Dissection
- Severe Valvular Stenosis
- Permanent Pacemaker
- Decompensated CHF
- Acute Pericarditis / Myocarditis

Physician:

☐ If safe, hold nitrates, calcium channel blockers and beta blockers for 24 hours, and erectile dysfunction medications for 48 hours before stress test.

☐ **Exercise Stress Test**

☐ **Exercise Stress Echocardiogram**

If a full resting echocardiogram has been completed within the last 12 months a Stress Echocardiogram will be booked. (IF DONE OUTSIDE OUR CLINIC PLEASE SEND A COPY OF THE REPORT WITH THIS REQUISITION.) Otherwise, a resting echo will be arranged prior to the Stress Echocardiogram.

☐ **Dobutamine Stress Echocardiogram**

Cardiology consult or discussion with cardiologist required before test.

Please provide a clinical history for requested appointments. If a consultation is requested, please forward relevant medical history and medication list.

CLINICAL HISTORY: